

# MOUNTAIN TOP RESORT spa & salon

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## Mother's Day Rejuvenation Retreat - \$230pp

Escape from the every day in our beautiful and tranquil setting. Let the surrounding mountains & forest envelop and relax you, while Mountain Top Resort Spa & Salon helps you to find your center. Fully embrace letting go for a day that is all about you!

**Our Rejuvenation Package is available the weekends of 5/12-14 and 5/19-21. Package is \$230/pp & Includes::**

**1 Hour Yoga Class** (10a Saturdays & Sundays )

**A 90 minute spa service.** *(Choose any of our 90 minute spa services including our custom Full Body Balancing Massage just for Mother's Day. This massage includes; a Seaweed Masque applied to the back, foot reflexology treatment, centered around an Aveda™ Chakra Aroma Blend. This service is a beautiful sampling of everything Aveda has to offer with a focus on bringing your mind, body and spirit back into balance.*

Finally, to top everything off, you have a choice of the following salon services:

- Aveda Manicure
- Aveda Pedicure
- Express Aveda Mani/Pedi
- Blow Dry with Finishing Touch

Naturally, taking care of ones' self calls for proper nourishment. Should you decide to make a day of your spa retreat, we invite you to order lunch from the Tavern to be delivered to you at the spa *(not included in package price).*

**For more information please contact the spa at (802) 483-2311 x404**

*We look forward to your company this Mother's Day.*

*(This promotional price is per person, cannot be combined with other offers, is available on the services and dates listed above only. Reservations are required. All Mountain Top Resort spa & salon policies are applicable.)*